

**ISARA SYLLABUS: WORKSHOP FOR STUDENTS**
**Developed within the Strategic Partnership project**

<b>Number of the project</b>	2016-1-PL01-KA203-026652
<b>Title/name of the project</b>	Innovative Education towards Sustainable Food Systems
<b>Title of the Lecture (original and translated into EN)</b>	<b>Idées reçues sur la durabilité des systems alimentaires. Sustainability. What about Food Systems?</b>
<b>Students Lecturer (University)</b>	<b>Clarisse, Maxime, Pierre (isara-Lyon)</b>
<b>The aim of the lecture</b>	Encourage reading and understanding information on food packaging + understanding food system behind
<b>Description (schedule)</b>	<p>Introduce ourselves and the opportunity of participation in the SUSPLUS Summer school</p> <p>To you, what is sustainable food? What are the points you would looking at to assess sustainability of a specific food?</p> <p>Examples of points to question now and in everyday life</p> <p>Introduction to the workshop « read and find the information on the packaging ». Three products were used : fresh pears, local goat cheese and organic goat cheese</p> <p>Concluding the workshop, points to stress: assessment of sustainability means several dimensions to integrate and some dimensions can be conflicting.</p> <p>Food is more than biology, diet or even more than the product. Food is also about emotions, cultural habits and social aspects. Open discussions about pictures by Peter Menzel : families with their weekly food.</p> <p>What are the differences and similarities? How can you explain? Can you guess where from are these families?</p>
<b>Time needed to carry out the lecture</b>	50 minutes
<b>Materials &amp; tools necessary to carry out the lecture</b>	<p>Food products with their packaging</p> <p>Tools to prepare and share products (knife, towels, plates...)</p>
<b>Targeted groups</b>	Secondary schools pupils, grade 11 (15-17 years old pupils).
<b>Prerequisites</b>	None
<b>Effects / learning outcomes (knowledge, skills and social competences)</b>	Time management, facilitation, giving an oral presentation. Not only intellectual inputs but also sound organization of lectures appeared to be learning experiences for students.